Astumbo Middle School
HOME ECONOMICS SYLLABUS
SY 2014 - 2015
Teacher: Mrs. April Flores   Room: 28
Phone #: 300-2610    Email: amgflores@gdoe.net
Website: homeeconomics101.weebly.com

COURSE OBJECTIVE:
Students will be introduced to the fundamental concepts of clothing, cooking and baking. We will explore elements of sewing, food and nutrition, food preparation and handling as well as the proper use of kitchen tools and equipment. We may explore other concepts such as personal development, & consumer decisions. Students in the course will also examine basic life skills which will prepare them to become contributing citizens of the community. By the completion of this course, students will be able to:
• Identify & utilize basic sewing equipment & tools.
• Identify & utilize basic kitchen appliances & tools.
• Recognize the importance of food safety and sanitation in the kitchen
  Apply kitchen and food safety techniques
• Apply various cooking & baking techniques
• Cook at least one dish
• Gain knowledge of the basic nutrients for each food group

Textbook:
Other supplemental material will be used to support learning to include; Videos, DVD’s and Handouts.

AMS ESLER’S
A – Achievers of Academic Success
M – Model Citizens of the Community
S – Skilled Users of Technology to Connect with the Global Community

AMS SCHOOL WIDE EXPECTATION
At all times in all places, AMS students should
• BE SAFE
• BE RESPECTFUL
• BE RESPONSIBLE

Materials Required
• Pencil or Pen (Black or Blue)
• 1 – 1 inch three ring binder with binder dividers and filler paper
• 1 – Shoe Box
• 1 – Scissors (used only for fabric) *optional
• 1 – Roll of thread (any color)
• 1 – 2 yd. cotton/rayon Fabric (for apron; can be old pillow cases, 2 old large t-shirts, durable curtains, bed sheets, etc.)
• Lab Uniform- Hat or Hair Tie
• Lab Fee of $8.00
Lab Fee of $8.00 will be used for necessary lab materials & ingredients. Accommodations can be made. Please fill out the form below.

CLASSROOM RULES:
Be a S.T.A.R.
Stay Focused
• Be on time and PREPARED TO LEARN
• Be an active listener
• Follow directions the first time
• Complete tasks on time
• Stay on task
• This class is a gum and whining FREE ZONE.

Try Your Best
• Do quality work
• Do your own work
• Pay Attention and Participate positively in class.
• When things get hard, don’t give up!
• We learn from our mistakes.

Act Safely
• Walk in classroom and hallways
• Keep your hands and objects to yourself
• Put things away where they belong
• Take care of our school and classroom

Respect and Responsibility
• Do not keep others from learning
• Use kind words and action
• Ask before you borrow
• Take care of personal items
• My actions, My consequences “No Excuses”

*Follow classroom hand signals*
***All school rules stated in your student handbook also apply***
Grading Criteria:
Grades will be based upon the following items.

• Participation (15%)
  o A positive attitude, full participation and good sportsmanship.
  o Refusal to participate will result in point deductions. Habitual non-participation will result in disciplinary consequences.

• Projects/Presentations (20%)
  o Projects and presentations will be assigned individually or in groups.
  o Descriptions, rubrics and samples will be provided prior to each project or presentation.

• Tests (25%)
  o The test is based on the notes and the lecture given. It consists of multiple choice questions, completion, true or false, and short answer questions.

• Assignments/Portfolio/Laboratory (25%)
  o All assignments MUST be turned in ON TIME.
  o Laboratory
    ▪ MUST have Lab Uniform, and follow instructions.
    ▪ Students will be evaluated through a rubric.
  o Homework: Turn in homework at the beginning of class.
    ▪ Students may not be assigned homework on a daily basis, but when it is assigned, it is expected to be completed by the next class period and by the directions/expectations that are given. If a student needs help or has questions, he or she may meet with the teacher or during extra help times.
    ▪ There will be NO LATE homework accepted except for an excused absence. (See absenteeism policy for clarification) *
  o The Portfolio will consist of the daily agendas, assignments, notes, labs activities, vocabulary words and handouts. Portfolios must be signed by their parents at the end of every week and turn in when classes resume.
    ▪ Blue day: Monday (2nd, 3rd and 4th period)
    ▪ Orange day: Tuesday (6th and 7th period)

• Quizzes (15%): Quizzes will be given as a means of student assessment, and may or may not be announced ahead of time. BE SURE TO STAY ON TASK.

Grading Percentage:
A = 100% - 90%  B = 89% - 80%
C = 79% - 70%  D = 69% - 60%
F = 59% and below

Make-Up Work Policy
The Student is responsible for asking the teacher for any work missed when absent. When students are absent from class, students will be given 3 days to make up the missed work. If the work is not made up within 3 days, students will receive a 0. Students who are absent during labs will not be allowed to make up labs; however, an alternative assignment will be given to insure that the student receives a grade.

If You Are Late: Any student who is not in the classroom and not seated properly will be considered tardy. If you have a pass place it on my desk. Quietly go to your seat and begin working. There are consequences for tardiness. Late comers must have a written excuse.

If You Are Absent:
You must provide a parent note or an admit slip. Unexcused absences will not be allowed to make up missed classes such as assignments, quizzes, tests, projects, and presentations.
  o It is the student’s RESPONSIBILITY to find out what was missed for the day.
  o I recommend that students find at least two homework buddies in their class, whom they can contact for assignments and notes.
  o If you need to make-up a test you must make arrangements with the teacher during the last 5-10 minutes of class. Tests can only be made up during lunch and only if previous arrangements have been made.
  o E-mail assignments: You may e-mail me and ask for missing work.
  o Check class website: homeeconomics101.weebly.com

When You Finish Early: If you finish all of your assigned work early you may read independently or work on an assignment for another class. DO NOT TALK OR DISTURB OTHERS.

End of Class: Right before the bell rings everyone should: be seated, be quiet, gather all their materials and wait for the teacher to dismiss the class.

Restroom Policy
• Each person has 3 restroom passes per quarter.
• Receive a FREE reward pass if you do NOT use your restroom pass.
  o You will not be allowed to use the restroom during an explanation. Please make every effort to use the restroom before or after class.
• If a student does not complete the log sheet or tamper with it loses their restrooms break.

Entering the Classroom:
QUIETLY line-up (2 lines) outside and wait for teacher. ENTER QUIETLY and go straight to your seat. TAKE OUT your planner, binder, & pen. COPY (from the board) the Objectives & Agenda for the day. WAIT QUIETLY for further instructions

Entering the Classroom:
QUIETLY line-up (2 lines) outside and wait for teacher. ENTER QUIETLY and go straight to your seat. TAKE OUT your planner, binder, & pen. COPY (from the board) the Objectives & Agenda for the day. WAIT QUIETLY for further instructions
Consequences

- Consequences are the things that happen to you when you choose not to obey a rule. My behavior expectations for you are high and this is what will happen if you choose to violate one of the classroom rules:

<table>
<thead>
<tr>
<th>1st Offense</th>
<th>Verbal warning</th>
</tr>
</thead>
<tbody>
<tr>
<td>2nd Offense</td>
<td>Break/ Lunch Detention and Parent Note</td>
</tr>
<tr>
<td>3rd Offense</td>
<td>Break/ Lunch Detention, Call Parent/guardian, and meeting schedule</td>
</tr>
<tr>
<td>4th Offense</td>
<td>Schedule a meeting to include the student, parent and administrator</td>
</tr>
<tr>
<td>5th Offense</td>
<td>Disciplinary referral</td>
</tr>
</tbody>
</table>

Consequence exemption

*The teacher will make a disciplinary referral when an offense is deemed a major offense*

*It is very important during laboratory days students follow directions once given, due to safety. During laboratory days student(s) who do not follow directions will be asked to sit down and be given a zero for the day’s class participation and project.*

Tracking Your Behavior:

In order to help you make responsible decisions, I will use a chart to track your behavior.

**Rewards** – I will recognize students who choose responsible behavior by offering them to select a reward from the Rewards poster if they have no marks next to their name for two consecutive weeks.

Possible rewards are: 5 bonus points on test/quiz/presentation, homework pass, late homework pass, open notes test, do it over pass, and extra restroom pass.

Academic Dishonesty: I have a ZERO TOLERANCE POLICY towards cheating and academic dishonesty. Any student caught doing such will be given a ZERO for the test, quiz, or assignment.

Mrs. April Flores  
Home Economics Teacher

Mrs. Kathryn San Nicolas  
Principal

CONTENT STANDARDS & COMMON CORE ADDRESSED

Common Core Standards

**Math**

- CCSS.Math.Content.4.MD.A.1 Know relative sizes of measurement units within one system of units.
- CCSS.Math.Content.4.MD.B.4 Make a line plot to display a data set of measurements in fractions of a unit.

**Reading**

- CCSS.ELA-Literacy.SL.8.1 Engage effectively in a range of collaborative discussions (one-on-one, in groups, and teacher-led) with diverse partners on grade 8 topics, texts, and issues, building on others’ ideas and expressing their own clearly.
- CCSS.ELA-Literacy.W.8.2c Use appropriate and varied transitions to create cohesion and clarify the relationships among ideas and concepts.
- CCSS.ELA-Literacy.W.8.3d Use precise words and phrases, relevant descriptive details, and sensory language to capture the action and convey experiences and events.
- CCSS.ELA-Literacy.SL.8.5 Integrate multimedia and visual displays into presentations to clarify information, strengthen claims and evidence, and add interest.

**National Standards for Family & Consumer Sciences**

- **Food Production and Services**
  8.1 Analyze career paths within the food production and food services industries
  8.2 Demonstrate food safety and sanitation procedures.
  8.3 Demonstrate industry standards in selecting, using, and maintaining food production and food service equipment.
  8.5 Demonstrate professional food preparation methods and techniques for all menu categories to produce a variety of food products that meet customer needs

- **Dietary Nutrition**

- **Textiles/Fashion**

  16.4 Demonstrate skills needed to produce, alter, or repair fashion, apparel, and textile products.
Introduction to Sewing (Sewing Project: Create an Apron)
- Small equipment and Notions
- Hand stitching
- Operation the Sewing Machine

Ch.13 Kitchen Appliances (p.102)
Ch. 14 Know your Equipment (p.108)
Ch. 20 Safety in the Kitchen (p.154)
Ch. 21 Keeping Foods Safe to Eat (p.160)
Ch. 15 Reading a Recipe (p.116)
Ch. 16 Recipe Math
Ch. 17 Basic Measuring Methods (p.130)
Ch. 18 Basic Cooking

*Food Laboratory and evaluations

Cooking Laboratory & Evaluations
Various recipes will be assigned to cooking group. Students will be able to demonstrate all lessons taught during the first/third quarter. Grading will follow a rubric for the group and a rubric for individual grades. Please note that Recipes may change due to the availability of goods sold at the local stores. Estimated time to begin labs will be during 4th Quarter.

***The instructor as needed may modify the schedule.***

CITIZENSHIP:
E- Excellent: Learner displays exemplary behavior in the classroom. Learner respects both teacher and fellow classmates. Learner displays good attitude towards work and class. No disciplinary action is needed.

S - Satisfactory: Learner displays good behavior in the classroom. Learner usually respects others and has respect for the teacher. Learner comes to class with a positive attitude. Little or no disciplinary action is needed.

N- Needs Improvement: Learner has frequent problems relating to others in an appropriate manner. Learner may occasionally show teacher a negative attitude. More than three incidents of disciplinary action needed. Off-task and often needs teacher intervention.

U- Unsatisfactory: Learner consistently has problems relating to others in an appropriate manner. Learner’s behavior warrants a referral to the Discipline Office. Learner may disrespect teacher and/or other students. Learner may display an extremely negative attitude that disrupts the class. Frequent disciplinary action needed. Frequently off-task and requires teacher intervention.